

Rickleton Primary School

PE and Sports Premium Spending and Action Plan 2022/23



Department for Education Vision for the Primary PE and Sport Premium ALL pupils leaving primary school should be physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport. The premium must be used to fund additional and sustainable improvements to the provision of PE and sport to encourage the development of healthy, active lifestyles.

It is expected that schools will see an improvement against the following 5 key indicators:

1. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school.
2. The profile of PE and sport being raised across the school as a tool for whole school improvement.
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport.
4. Broader experience of a range of sport and activities offered to all pupils.
5. Increased participation in competitive sport.

In 2022-2023 the school will receive an **estimated £19,272** to spend on school P.E. and Sport. Outlined below is how we anticipate to use this particular funding. The reader needs to be aware that there is a huge amount of additional activity which has historically taken place at Rickleton, which does not come from sports premium funding.

Government focus area	What do we want to achieve?	How will we achieve it?	Predicted spend?	Spent - date	Review of Impact
1, 2	Continued access to high quality PE coaching in standard curriculum areas, including access to festivals and competitive sports as well as Active Break times.	<ul style="list-style-type: none"> ● Appointment of Simply sport coach (Ben Todd) to deliver high quality teaching during curriculum sessions and to deliver focused after-school activities. ● Purchase of new PE resources to be used in PE activities – curriculum and after-school opportunities. 	PE resources/replenishment of PE stock to deliver sessions - £500 Transport - £500	Allocated = £1000 Dodgeballs = £59.90 PE equip = £292 Goal post contribution = £160 Active break and PE equipment order June 23 = £784	PE curriculum provision continues to be superb. Having Ben Todd (Simply Sport) as the only coach from the company has allowed him to embed his knowledge and practise. The development of the PE curriculum has led to clear progressions across topics and age ranges – high quality coaches and teachers ensure the

				<p>Athletics transport - £250, £250, £160,</p> <p>Skipping transport = £180 Golf transport =£440 Durham Dash transport = £200</p> <p>Spent £2775.90 Remaining= -£1775.90</p>	<p>curriculum is delivered at the highest standards throughout.</p> <p>The high profile of PE, combined with extra-curricular sports opportunities for all and for the more able via competitive teams ensures that quality of experience and participation in additional opportunities has continued to grow across school.</p>
1, 3, 5	<p>Support for pupils in lessons via increased adult ratio, particular to ensure pupils of lower ability can access lessons and make increased progress.</p>	<ul style="list-style-type: none"> • Employment of school PE Apprentice, via Simply Sport, to support in curriculum sessions. • Increase in quality of delivery towards targeted children during lessons. • Increased opportunities for sport at lunchtimes and after school clubs. 	<p>Apprentice costs £5500 via Simply Sport</p>	<p>Allocated = £5500</p> <p>Annual apprentice charge £5500</p> <p>Spent £5500 Remaining = £0</p>	<p>The decision to link the apprentice role with Simply Sport has been a huge success. Patrick Ashurst, the current apprentice, has shown great commitment to the role and grown in confidence to support lessons and individuals. Pupils, particularly those of lower ability and confidence, have enjoyed support to access the lesson and individualised support and coaching.</p>
1,3	<p>Strategic plan to increase PE hours for pupils and improve class teacher skills and knowledge of pupils.</p>	<ul style="list-style-type: none"> • Allocate hall time to blocks of coaching each term. • All year group and all teaching staff to work alongside high level coaches to develop long term impact. • Coaching blocks linked to school focus and competition entry to raise skill level of pupils • Raising of basic life skills eg. bike riding and swimming 	<p>Booking of 5 week blocks of coaching across the year – focus of minimum of 2 sessions per year group = £4000</p>	<p>Allocated = £4000</p> <p>Simply Sport Basic skills Autumn £750 Spring £750 Everyone Active Tennis £300 Centre Court Netball £360 AE Sports Games £300 Skipping School £400 Sam S Athletics £450 Skipping festival £350 Diddy Dance = £450 Golf coach = £450 Dance Asylum = £240</p>	<p>The additional coaching blocks have been well received by staff and established across the year. Some coaches, known to the school have been very successful. Other new coaches have been found who have been very successful and will be used again next year. Other coaches have provided a positive experience but not the high level of skill development and CPD for staff required and so will be replaced next year. The success of additional basic skills sessions with Ben T will mean that we build this in to next years budget from the start.</p>

				Ben T 5 x days of fine motor skills = £500 Spent £5300 Remaining = -£1300	
3	Commitment to CPD, in particular upskilling apprentice and school staff to have sustained impact across school.	<ul style="list-style-type: none"> •Curriculum leader to attend PE leader cluster meetings and appropriate CPD/conferences. •PE apprentice and other school support staff to attend First Aid and Safeguarding training. •Appropriate CPD for teaching staff to aid sustainability within curriculum delivery and extra-curricular activities. •Affiliation to Association for PE, to access resources, research and advice. 	Supply/Cover costs to allow staff to attend training- approx. £700	Allocated = £500 Time for Active and Sports Mark application = £90 AW attend meetings = £45 Lunch staff active break CPD = £160 Spent = £295 Remaining = £205	Staff have particularly benefitted from the opportunity to work alongside coaches in the additional blocks of PE. This is vital for staff who do not regularly teach PE lessons to ensure they maintain the skills of teaching PE. By continuing to work closely with the Sports Partnership, particularly the PE lead, we are able to ensure that the school is award of updates, initiatives and guidance.
2, 3	Continue to monitor and develop quality of PE coaching across the school	<ul style="list-style-type: none"> •Lesson cover for AW to observe lessons over year. •Appropriate CPD delivered in-house or by external provider to improve teaching quality. 	Supply/cover costs for PE lead and Senior leads to observe lessons – approx. £500	Allocated = £500 AW lesson observation and meeting with SS = £90 Spent = £90 Remaining = £410	The PE lead has a high level of knowledge about the subject and additional sport. This has impact on the delivery and extra opportunities in the subject. He is able to formally and informally monitor the subject, particularly meeting the Sports coach regularly and discussing content of teaching, expectations, health and safety etc.
1, 2, 4	Focus to ensure pupils leaving the school continue to be 100% with 25m and to develop life skills of competent swimmers with	•All Y5 (until Christmas) then Y4 children will continue to attend weekly lessons, 1 hour in duration, at our local leisure centre pool. Lessons delivered by qualified swimming tutors with the aim that all children achieve 25m target.	Hiring the pool for extra swimming sessions and tutor + cost of transport £2000	Allocated = £2000 * Able to arrange transport free of charge by linking with current Y4 swimming	The swimming programme is successful, ensuring that children begin early enough (Y4) to overcome fear barriers but then offering them a full term as Y5 pupils where they are physically stronger to help the majority achieve national expectations. The use of Y6 booster

	lifesaving swimming skills. Increased opportunities for swimming competition.	<ul style="list-style-type: none"> • Look for possibility to book increased swimming time to allow Reception children 'start to swim' sessions • In the summer term, Year 6 children, who have not yet attained swimming levels, will be given the option for 'extra' tuition. 		<p>Additional swimming coach = £250</p> <p>Spent = £250 Remaining = £1750</p>	<p>sessions was a huge success where of the initial 20 children requiring boosting, 15 were able to achieve national expectations.</p>
1, 5	Continued focus on offering increased participation in competitive intra and inter-school sports competitions.	<ul style="list-style-type: none"> • To continue to be part of the Biddick Sports Academy PE cluster group and to participate in City-wide festivals and sporting competitions. • Participation in inter-school competitions, including football leagues/cups for girls/boys from Year 4, 5 & 6. • Affiliation and participation in competitive leagues and competitions in different sports, including football, swimming, athletics/cross-country, netball and hockey. • To increase the number of after-school physical activities and therefore increase the number of participants being physically active. 	<p>Staff cover and transport to allow access to events in curriculum time. £700</p> <p>League Affiliations £300</p>	<p>Allocated = £800</p> <p>CLS netball league £30 CLS football £150 Washington PFA £100 Sunderland netball £160 Gymnastic aff £12 Winter league £30 CLS athletics £40 Durham Dash affiliation = £275</p> <p>Spent £798 Remaining = £2</p>	<p>Competitive sport, as ever, remains a huge success story for the school, this year winning local competitions in football, cross country, athletics and netball. The athletics team, netball and girls' football team were also successful at county and regional level.</p> <p>The continued focus to offer additional competitive teams has also continued to be a great success with more than one team now being run in football, girls' football, netball, athletics and cross country.</p>
2, 5	Continue to keep the profile of PE and sport high across the school.	<ul style="list-style-type: none"> • Celebration and display of PE achievements, both in and out of school. • Continued use of PE noticeboard, school website and social media to celebrate activities and achievement happening in school. 	<p>Supplement school team kits £0</p> <p>Advertising materials eg posters etc £0</p>	<p>Allocated = £0</p> <p>25 x football socks = £65 30 x football tops = £165 Cross Country winner plaques = £83</p> <p>Spent = £313 Remaining = - £313</p>	<p>The presentation of our teams is very good. We have been lucky to gain additional sponsorship for strips from parents and also the Premier League Primary Stars initiative. The pure quantity of sport and number of children representing the school at a time has made monitoring the return of strips and wear and tear</p>

					higher and so 'topping' up strips continues when necessary.
1,4,5	Increased provision of after school sports clubs across all age groups	<ul style="list-style-type: none"> •Get children back to a range of sporting and healthy activities post Covid •Support families who may be struggling financially, to keep charge to parents to a minimum •Offer a range of sports to children, to develop new skills and hobbies 	Use of known providers, Simply Sport and Fast Feet to deliver after school clubs across the year = £1500	<p>Allocated = £1500</p> <p>Contribution to non chargeable Simply Sport after school clubs = £250</p> <p>Contribution to non chargeable Fast Feet after school clubs = £250</p> <p>Spent = £500 Remaining = £1000</p>	The quantity and quality of extra curriculum clubs continues to be second to non with multiple choices available each term for all year groups. The new booking system has helped to ensure that children get to access the clubs they are most interested in. Participation levels are high with nearly 70% of pupils accessing at least one club across the year. All staff run at least one after school club or team.
1,4	Development of fitness zone/mental wellbeing zone in Willow garden area	<ul style="list-style-type: none"> •Installation of a range of fitness equipment, designed to build core strength and support sensory needs of pupils. •Particular focus on Early Year pupils, including fine and gross motor skills (climbing, pushing, balancing, gripping etc) •Accessible by children across all age ranges who may benefit from these skills and those which benefit sensory needs. 	Purchase and installation of a range of fixed equipment £3000	<p>Allocated = £3000</p> <p>Spent £3000 Remaining = £0</p>	Due to the cost implication of this, the plans for this were left until later in the year but have now been approved for installation in the new year. The situation will allow children with sensory needs more support whilst also allowing younger children to develop basic skills in their breaktimes.
1,4	Development of 'community' Garden area to allow a different type of exercise and outdoor activity focus for specific children	<ul style="list-style-type: none"> •Development of the garden area to add different sections (wildlife, planting, nature trail etc) •Installation of better watering and composting facilities to make garden more self sufficient •Further link with community volunteers and families to expand impact. 	<p>Purchase of equipment to allow more children to access the garden = £500</p> <p>Development of areas of the garden to be more useable and accessible = £1000</p> <p>Advertising and development of</p>	<p>Allocated = £700</p> <p>Spent = £700 Remaining = £0</p>	Whole class and small group use of the garden area has increased dramatically. The garden has also supported community integration with the school helping children to build their knowledge and enthusiasm of health living. The garden was nominated for the GENTOO school garden of the year award.

		•Use of garden as therapeutic tool for those struggling with mental health	community link including DBS checks etc = £200		
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Planned spend total = £19,272

Total Spent = £19,321.90

Appendix 1: Swimming

End of year data for pupils leaving Y6 show 91% of pupils reaching age related swimming standards with 25% of pupils exceeding.

1. National curriculum outcome: Swim competently, confidently and proficiently over a distance of at least 25 metres. • Swimming at least 25 metres should be viewed as an absolute minimum. Every Year 6 child should achieve this distance, with an expectation that the majority of pupils will swim significantly further. • The swim should be continuous and completed without undue stress. The stroke or strokes used should be as strong at the end as at the start of the distance. • In completing at least 25 metres some element of this must include in deep water, defined as greater than shoulder depth.
2. National curriculum outcome: Use a range of strokes effectively. • The strokes used should be recognisable to an informed onlooker. The minimum expectation will be: - Alternative strokes: Front Crawl, Backstroke - Simultaneous strokes: Breaststroke, Butterfly
3. National curriculum outcome: Perform safe self-rescue in different water-based situations. • Emphasis should be on young people being able to safely enter and exit the water. This includes falling in and using ladders to get out of pools. • The ability to tread water and keep yourself afloat is vital for safe-self rescue, as is the ability to get back to the side. • Schools should also ensure pupils have practical experience of using their skills in outdoor swimming environments, such as the sea, canals or rivers. The Swim Safe schools programme run by Swim England and the RNLI provides practical water safety sessions for schools during the summer term and are committed to working with schools to ensure all pupils are able to access a session by 2020.