

# Rickleton Primary School - PE, Sport and Physical Activity



## End of Year Newsletter 2023/24



It has been a very positive year, particularly from the angle of after school clubs and extra curricular sports. Booking systems for clubs seems to be more reliable and the spread of children attending clubs is more even, with a greater percentage of children accessing a club. On top of the already large array of competitive teams, yet more teams have been offered, with netball opportunities growing in particular.

### Curriculum

The school PE curriculum is now very settled and effective, with the 'Aspirations' adding greater focus for children who articulate more clearly how individual lessons can build towards future success and potential job opportunity in areas such as coaching, physiotherapy, choreography etc.

Focus has been placed on developing basic skills in younger year groups with Nursery and Reception children in particular accessing additional Fundamental Movement sessions with Mr Todd, in addition to their usual PE sessions. The additional development to the EYFS outdoor areas also allows children to rehearse these skills in a range of ways, particularly in the area of bike riding where focussed teaching supports all children to learn to balance bike and then move on to pedal biking as a next step. It was great to see this paying dividends higher up the school where more and more children are achieving successful participation and passing of the bikeability training which happens in Y5 and 4.

Our PE enhancement lessons have continued to be successful in broadening the range of skills and sports children across the school have access to. A particular achievement has been the ability to use the school community to help with this, where Y2 have enjoyed dance and Y4 Jiu jitsu, delivered by adults linked to pupils in school. Other notable opportunities have been the introduction of OAA Orienteering lessons in Y6 and the multitude of cricket coaching sessions which happen in Y1, 3, 4 and 5. The involvement of KS2 pupils in the 'Durham Dash' has also introduced the use of these running, throwing and jumping events as measures of basic competence across KS2 years groups.

End of year sports days and EYFS ball skill days also showcased the high level of ability but also the positive sporting attitude of all pupils, particularly in KS2 where Sports Day now inks in to the 'Family' competition system.

80%

attend an after school club

### Extra Curricular Sport

We are very proud of the range and quality of after school clubs offered as ever. Across school, a minimum of 8 different clubs have been offered by staff and sports coaches in all year groups from reception to Y6. The range of clubs continues to be reviewed and developed, with firm favourites such as football and netball being maintained but new clubs in areas such as dodgeball, golf and circus skills being developed to hit a broader audience of interests. The percentage of

children accessing an extra curricular club this year was up by 2%, with those attending an extra curricular sports club up by 9%.

73%

attend a school sport club



### XBOX to Sunderland 3k

Building on the success of last years involvement in the Sunderland 3K, we have been amazed by the appetite of our KS2 pupils and families to work to challenge and develop themselves physically. Throwing open the event to any children interested, the response took us all by surprise. Nearly 70 (that's more than 1/4 of KS2) children signed up to spend their lunch time training - meaning that Mr Todd and Mr O'Brien went to the lengths of offering two of their lunch times to make the numbers running manageable. To see these children, plus many family members, run the Sunderland 3K on an early Sunday morning in May, supported by 12 staff members says a lot for the attitude and enthusiasm for sport at Rickleton. Truly inspirational.



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### Competitive Sport

We are very proud of the competitive sports provision offered at school by staff who have a real passion and commitment to sport. Competitive sport provides a vital outlet to develop children's talents at a different level, against pupils from other schools. It is also vital that children learn to compete in positive ways, showing respect and team spirit and learn to lose well. In a school of our size, we are also very aware that many children are still developing their skills but have no less passion for representing the school. We have put a lot of effort in to offering teams in a range of sports, providing multiple teams where possible so that school teams can be both competitive and also inclusive. This year, we have been able to offer more than one team for football, girls' football, netball, athletics and cross country. This has allowed us to raise the number of children able to represent the school from Y4 to 6 dramatically.



7

Different football teams run across Y4 to 6



5

Different netball teams across Y5 and 6



38

Y5/6 Children represent the school in athletics



26

Y5/6 children run Saturday morning cross country



64

KS2 children run the Sunderland 3K



70%

Y6 children represent a school sports team.



61%

Y5 children represent a school sports team.



Team	Competitions Played	Achievement 2023/24
Y5/6 Girl's football team	'A' Team Chester le Street League, 'B' Team Washington League	League Finalists, County Cup finalists, ESFA Runners Up, Washington Cup winners.
Y5/6 School football team	'A' Team Washington league, 'B' Team Chester le Street League, Winter League team	Washington Columbia Cup Winners
Y5 football team	Washington Primary Schools' Trophy	
Y4 football team		
Y5/6 Sports hall Athletics	'A' Team and 'B' Team National Schools' Games	Washington area winners, Sunderland Authority winners, Tyne and Wear Regional qualifiers
Y6 Netball team	'A' and 'B' Team, Sunderland League,	Y5 Chester le Street League Winners
Y5/4 Netball team	'A' and 'B' Team Chester le Street League	
Y5/6 Cross Country team	Chester le Street District competitions	Girls' Runners-up, Overall Runners-up
Y5/6 Swimming team	Sunderland Authority competition	Boys' freestyle and medley winners Girls' freestyle and medley runners up
Sportability	Sunderland Area qualifiers - Regional Boccia	4 children selected to represent Sunderland Area
Durham Dash	32 runners compete v 47 other schools	6 running finalist, 1 x 1st, 3 x 2nd, 2 x 3rd place field