

Rickleton Primary School - PE, Sport and Physical Activity



End of Year Newsletter 2022/23



Another incredible year of sport at Rickleton with big effort made to increase both participation and competitive opportunities to for our pupils. We are very lucky to have such a large number of staff prepared to give their time to offer sport to pupils, whether that be by running clubs or organising competitive teams.

Curriculum

As usual, all pupils in school, including our youngest children in Nursery and Reception benefitted from high quality, weekly PE. Lessons in school are always delivered by specialists, whether that be specific teachers who deliver PE in their own year groups due to their experience or specialism in the subject, or Mr Todd, our Simply Sport coach, who we are delighted to have so heavily involved in our PE curriculum. Additional outside coaches have been



introduced this year, funded by Sport Premium money. This not only provides blocks of additional PE and activity for pupils in all year groups but allows access to coaches with specific, high level knowledge. This benefits both the children accessing their coaching and also our staff who work alongside the coach, up-skilling their own knowledge of PE. This year, specialist coaches have included: Sam Stanislaus (athletics in Y5), AE Sports (Street Games in Y6), Mr Todd (Basic skills development in N, R, Y1),



Skipping School (Y2 and 4), Centre Court Netball (Y4), Graham Fowler (tennis in Y3), Dance Asylum (Dance Y2), Sunderland Authority Cycling (bike training in R, 2, 4 and 5), Chance to Shine Cricket (Y1, 3 and 5), Diddy Dance (Dance R). Houghton Golf Course (Y6) .

Extra Curricular Sport

We are very proud of the range and quality of after school clubs offered as ever. Across school, a minimum of 8 different clubs have been offered by staff and sports coaches in all year groups from reception to Y6. These clubs were open to all children, with

76%

attend an after school club

76% of children across school accessing at least one club using our booking system which tries to ensure that children get access to the clubs they were most interested in. From badminton to choir to sewing to dodgeball, children enjoyed being fit and healthy, learning new skills, developing friendships and also social skills. Above all, we hope some children may have even found a hobby for now and the rest of their lives. All of the sport offered ensured that we, again, achieved the Gold level for the Active Sunderland Award and School Games Award.

64%

attend a school sport club



XBOX to 3k

Amongst our proudest achievements this year was the XBOX to 3k running club. 32 children in KS2 put forward an application to explain their interest in increasing their fitness or confidence in sport. They spent the next 7 weeks giving up their Friday lunch time to gradually build their fitness and stamina with Mr Todd and then gave up a Sunday morning in May to participate in the Sunderland 3k City run. What a fabulous achievement for all involved.

GOLD
active
Sunderland
School 2022-23



Rickleton Primary School - PE, Sport and Physical Activity



End of Year Newsletter 2022/23



Competitive Sport

We are very proud of the competitive sports provision offered at school by staff who have a real passion and commitment to sport. Competitive sport provides a vital outlet to develop children's talents at a different level, against pupils from other schools. It is also vital that children learn to compete in positive ways, showing respect and team spirit and learn to lose well. In a school of our size, we are also very aware that many children are still developing their skills but have no less passion for representing the school. We have put a lot of effort in to offering teams in a range of sports, offering multiple teams where possible so that school teams can be both competitive and also inclusive. This year, we have been able to offer more than one team for football, girls' football, netball, athletics and cross country. This has allowed us to raise the number of children able to represent the school from Y4 to 6 dramatically.



7

Different football teams run across Y4 to 6



93%

Y6 children met the swimming standard



70%

In Y6 represent the school competitively



65%

In Y5 represent the school competitively



50%

In Y4 represent the school competitively

Team	Competitions Played	Achievement 2022/23
Y5/6 Girl's football team	'A' Team Chester le Street League, 'B' Team Washington League	League Winners, County Cup winners, Washington Cup winners.
Y5/6 School football team	'A' Team Washington league, 'B' Team Chester le Street League, Winter League team	Washington Columbia Cup Winners
Y5 football team Y4 football team	Washington Primary Schools' Trophy, Durham County Cup	Y4 Washington Trophy Finalists
Y5/6 Sports hall Athletics	'A' Team and 'B' Team National Schools' Games	Washington area winners, Sunderland Authority runner up, Tyne and Wear Regional 3rd place
Y6 Netball team	'A' Team and 'B' Team, Sunderland League, Chester le Street League	Chester le Street League Winners, Sunderland League winners, Tyne and Wear Regional semi-finalists
Y5 Netball team	Sunderland Schools' Cup	4th place
Y5/6 Cross Country team	28 runners Chester le Street District competitions	Girls' Winners, Boys' Runners-up, Overall Winners
Y5/6 Swimming team	Sunderland Authority competition	Boys' freestyle and medley winners Girls' freestyle and medley winners
Xbox to 3k!	32 runners in Sunderland 3K City run	
Y4 Skipping Team	Sunderland authority festival	Eight individual events won, Overall winners