

Rickleton Primary School - PE, Sport and Physical Activity



End of Year Newsletter 2021/22



It has been an incredible year for Sport and Physical Activity this year, focussing on the two important areas of competition and participation. It was vitally important that we returned to both after two very difficult Covid years and, as you can read below, we achieved this in great style, resulting in the achievement of the Active Sunderland Gold Award and the School Games Gold Award for 2021/22.

Curriculum

As usual, all pupils in school, including our youngest children in Nursery and Reception benefited from high quality, weekly PE. Lessons in school are always delivered by specialists, whether that be specific teachers who deliver PE in their own year groups due to their experience or specialism in the subject, or Mr Todd, our Simply Sport coach who we are delighted to



have so heavily involved in our PE curriculum. In addition to our curriculum PE offer, we have focussed on offering additional blocks of PE coaching in every year group, delivered by a specialist outside coach, who we invite to bring their unique coaching talent



and interest to develop new skills and interests in our children. This year, specialist coaches have included: Sam Stanislaus (athletics in Y6), Mr Todd (Basic skills development in N, R, Y1 and Y2), Skipping School (Y2 and 4), Centre Court Netball (Y5 and 4), Graham Fowler (tennis in Y3), Wheel Education (balance bike training in N and R), Chance to Shine Cricket (Y1, 2 and 3). It is our intention to continue and grow this exciting project in the coming academic year as we have seen the impact on both our children and our staff who support these coaches, in developing new skills, improving fitness and hopefully, giving life-long inspiration for sport. In addition, pupils in Y5 attended one term of weekly

swimming, followed by Y4 pupils who attended for two terms. Pupils in Y6 who were less confident swimmers also received a half term of booster swimming.

Extra Curricular Sport

We are very proud of the range and quality of after school clubs offered this year. Across school, a minimum of 8 different clubs have been offered by staff and sports coaches in all year groups from reception to Y6. These clubs were open to all children, with 83% of children across school accessing at least one club using our system which

69%

attend a school sport club

83%

attend an after school club

tried to ensure that children got access to the clubs they were most interested in. From badminton to choir to sewing to dodgeball, children enjoyed being fit and healthy, learning new skills, developing friendships and also social skills. Above all, we hope some children may have even found a hobby for now and the rest of their lives. The willingness of school staff to put on after school clubs has also developed bonds with children in their own year group and others who they do not normally work with. Pupils also enjoyed several extra curricular sports opportunities such as fun runs, orienteering, cricket sessions, balance bikes, road cycling and sports days. In addition to this, children in Y5 enjoyed a 2 night outdoor activity residential and Y6 enjoyed a 4 night outdoor activity residential. These trips allowed them to experience many incredible activities such as canoeing, zip wires, Jacob's ladder, climbing and abseiling.



Active Breaks and Sports Leadership

Across the year, our peer mentors from year 6 and sports ambassadors from junior year groups have worked to support children in their own year groups and younger age groups to enjoy breaktimes, socialising and being active. Organising equipment, leading games and tasks and supporting children to resolve disputes allows breaktime to run smoothly and helps children to be healthy. Y6 pupils also give up their time at lunch to support infant children on their yards, helping them to enjoy fun activities.

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Competitive Sport



We are very proud of the competitive sports provision offered at school by staff who have a real passion and commitment to sport. Competitive sport at primary school is often limited by those sports which host competitive leagues and competitions. Invariably, competitive sport is aimed at pupils in Y5 and 6, based on rules linked to governing bodies, with occasional opportunities for pupils in Y4. Competitive sport provides a vital outlet to develop children's talents at a different level, against pupils from other



schools. It is also vital that children learn to compete in positive ways, showing respect and team spirit and learn to lose well. In a school our size, we are also very aware that many children are still developing their skills but have no less passion for representing the school. We have put a lot of effort in to offering teams in a range of sports, offering multiple teams where possible so that school teams can be both competitive and also inclusive. This year, we are proud that a very high percentage of children in older year groups have been able to pull on a Rickleton strip and be proud to represent the school. We have also been proud to achieve a very high level of success this year as shown below.



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66%

In Y6 represent the school competitively



47%

In Y5 represent the school competitively



53%

In Y4 represent the school competitively

Team	Competitions Played	Achievement 2021/22
Y5/6 Girl's football team	Chester le Street League	League Winners, County Cup winners, ESFA North East Regional representatives, Washington Cup winners.
Y5/6 School football team	'A' Team Washington league, 'B' Team Chester le Street League, Winter League team	Washington Columbia Cup Winners
Y4 football team	Washington Primary Schools' Trophy	Washington Trophy Runners-up
Y5/6 Sports hall Athletics	National Schools' Games	Washington area winners, Sunderland Authority winners, Tyne and Wear Regional runners -up
Y6 Netball team	Sunderland League, Chester le Street League	'A' league qualifiers
Y6 Sportability festival	Sunderland Authority competition	Winners (with 4 pupils selected for regional squad)
Y5 Netball team	Sunderland Schools' Cup	Section runner-up
Y5/6 Cross Country team	Chester le Street District competitions	Boys' Winners, Girls' Winners, Overall Winners
Y5/6 Swimming team	Sunderland Authority competition	Boys' freestyle and medley winners Girls' freestyle and medley winners
Y4-6 Cricket team	ECB County competitions	Fourth place
Y4 Skipping Team	Sunderland authority festival	Eight individual events won, Overall winners