Rainbow Best Start Family Hub Timetable
May Half Term 2026

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Monday 25th May	Tuesday 26th May	Wednesday 27th May	Thursday 28th May	Friday 29th May
Bank Holiday	**Pregnancy Wellbeing Session** 10 - 11am Bookable **Family Fun Event** **(0 - 8 years)** 10 - 11.30am **Play Space & Sensory Room** 1 - 3pm Drop In **Antenatal Programme** 3.45 - 5.45pm To book call 03000 031552 **Stop Smoking Support** Please contact the hub on 0191 5613995 to make an appointment.	**Play Space & Sensory Room** 9 - 11.30am Drop In **Coffee Morning Drop-in** 9.30 - 11.30am **Review & Development Clinic** 10 - 11.30am / Bookable **SEND Play Space** (Parent led - 0-4yrs) 10 - 11.30am **Baby/Sensory Messy Play** (0- to pre walkers) 1.30- 2.15pm **Play Space & Sensory Room** 1 - 3pm Drop In	**Stay & Play** Marlborough Park Sulgrave flats (0 - 5 years & older siblings welcome) 9.15 - 10.15am **Growing Healthy - Drop In** 10 - 11.30am **Play Space & Sensory Room** (0 - 5 years) Drop in 1 - 3pm **Move to Rhyme** (Crawling to pre-walking) 1.45 - 2.30pm **Bread & Butter Thing** 2 - 2.30pm To reserve a bag text 07507237311	**Play Space & Sensory Room** (0-5 yrs) 9 -11.30 am **Baby Stay and Play** (Under 1 year) 1.30-2.30pm **Play Space & Sensory Room** (0-5 yrs) 1 - 3pm

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Follow Sunderland Family Hubs on Facebook and Instagram.

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