POSITIVE BEHAVIOUR SUPPORT WORKSHOPS

Are you ever worried about your child's behaviour and aren't sure how best to help?
Do you want to better understand their needs and support them through those tricky times?
These workshops help parents think about strategies and to come up with a plan that focuses on a good life for your child and your family.

SUNDERLAND

Tuesdays 24th November, 1st & 8th December 2026
10am - 2pm
Bede Tower, Burdon Road, Sunderland
SR2 7EA

Booking is essential. Please note you need to attend all 3 days of the course.

"I wish it was available to all parents."

"I loved hearing other people's stories about their own families!"

"I felt valued and supported."



If someone in your family is **under 18**, and is **autistic, has a learning disability** or is **waiting for a diagnosis** of autism or a learning disability, please come along.

To **book your place**, get in touch with **Skills for People** and ask for the **PBS team**.
Tel: 0191 281 8737 or e-mail:
information@skillsforpeople.org.uk

Skills for people
NHS Health Education England
PBS Positive Behavioural Support North East & North Cumbria
North East and Cumbria learning disability network
NHS North East and North Cumbria