Autumn 2026

Your SEND Activity Guide

for children with special educational needs and/or disabilities and their families

Your SEND Activity Guide brings you the latest updates on activities, clubs and opportunities for children and young people with SEND across Sunderland - helping you stay informed about what's available in your area.

This edition brings together a variety of activities, events and support available for children, young people and families across Sunderland.

We're here to keep you informed and connected—Together for Children does not endorse providers, and some activities may involve a small cost.

PBS Workshops for Families
Skills for People are offering a series of free Behaviour Support (PBS) workshop for families of children under 18 who are autistic, have a learning disability, or are awaiting assessment. The sessions provide practical strategies to help families understand and support behaviours that may be challenging.

Dates: 24 November, 1 December and 8 December 2026 - 10am to 2pm (all three sessions required)
Venue: Bede Tower, Burdon Road, Sunderland, SR2 7EA

Booking is essential. For more information or to reserve a place, please click here.

Omniplex Sensory Screenings
Omniplex 'Sensory Friendly' screenings are designed for guests with autism or sensory disorders. During a 'Sensory Screening' the lights are left on low, the sound is turned down and subtitles are played for the show.

Sensory Friendly screenings show every Saturday and Sunday around 12pm (before the foyer gets too busy and noisy for the later shows) showing the most popular family friendly movie at the time.

For more information please click here.

SEND activities you won't want to miss this Autumn!



Sunderland SEND Local Offer
You can find up to date information, advice and support services across Education, Health and Social Care by accessing Sunderland's SEND Local Offer.

Best Start Family Hubs
Our Best Start Family Hubs offer support from pregnancy to age 19 (25 with SEND), helping you feel confident at every stage. View the latest timetable here.

Parent Carer Support Groups
Take a look at the parent carer support groups happening this term in and around the city by clicking here.

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Family Fund - Support for Families with Disabled Children Programme

The SFDC programme provides a wide range of grant items to families in England raising a disabled or seriously ill child or young person, and living on a low-income.

Please note the programme is only open to families applying for the first time.

For more information or to apply for the grant, please click here.

Looking for more? Click here to explore all our previous e-newsletter editions and discover more activities happening this term.

Autumn Holiday, Activities & Food (HAF) Programme

Activities are FREE for Sunderland children and young people aged 4–16 (or up to 25 with SEND) who are eligible.

Many of our HAF providers can adapt their activities to meet individual needs, please check directly with providers for more details.

To explore available activities and book your place, click here.

Experts at Hand in Sunderland

Sunderland Parent Carer Forum (SPCF) are gathering parent carer views and questions about the SEND Reforms and the Experts at hand programme. Your views will help to inform the local area SEND partnership, which the Forum is part of, and influence the future developments of the SEND Reforms in Sunderland.

Information about the Expert at Hands programme in Sunderland can be found here.

Share your thoughts, experiences or questions by emailing: Sendreformssunderland@gmail.com

Homework Hub at Winnibell Family Hub.

Every Tuesday (term time only) 4.00pm -6.00pm

Delivered in partnership with Sunderland Community Action Group (SCAG) the drop in sessions offer young people a safe, supportive space with access to digital resources, quiet study areas and creative materials to support learning and confidence.

Open to young people in Years 6–11
Parent or guardian consent required - complete the form here.

Activity Highlights

Mondays - Wednesdays

Date & Time	Activity	Further Information
Mondays 10.00am - 12.00pm, 1.00pm - 3.00pm Mondays 4.00pm - 6.00pm Monday 26th October 10.00am - 11.30am Monday 26th October 1.00pm - 1.45pm & 2.15pm - 3.00pm	Include & Connect SEND Hub Baby Sensory Sessions (0-4) Include & Connect SEND Hub After School SEND Sessions (4-8) Grace House Spooky Messy Play (2-6) The Special Lioness Crazy Creatures Halloween Special (0-25)	Baby Sensory Sessions - Include & Connect SEND Hub After School SEND Sessions - Include & Connect SEND Hub Grace House Spooky Messy Play Session The Special Lioness Crazy Creatures Halloween Special
Tuesdays 1.00pm - 3.00pm Tuesdays 4.00pm - 6.00pm Tuesdays 10.15am - 10.45am (from 3rd November)	Include & Connect SEND Hub Baby Sensory Sessions (0-4) Include & Connect SEND Hub After School SEND Sessions (9-12) Sunderland Culture The Curiosity Club (0-6)	Baby Sensory Sessions - Include & Connect SEND Hub After School SEND Sessions - Include & Connect SEND Hub Sunderland Culture The Curiosity Club
Wednesdays 1.00pm - 3.00pm Wednesdays 4.00pm - 6.00pm Wednesday 28th October 10.00am - 11.30am	Include & Connect SEND Hub Adult Social Group (16+) Include & Connect SEND Hub After School SEND Sessions (13-16) Grace House Halloween Pumpkin Play (0-7yrs)	Adult Social Group - Include & Connect SEND Hub After School SEND Sessions - Include & Connect SEND Hub Grace House Halloween Pumpkin Play

Activity Highlights

Thursdays - Sundays

Date & Time	Activity	Further Information
Thursdays 1.00pm - 3.00pm Thursdays 4.00pm - 5.00pm (term time) & 5.00pm - 6.00pm (school holidays) Thursdays 4.00pm - 6.00pm Thursdays 5.30pm – 7.30pm (term time) Thursday 29th October 10.00am - 11.00am Thursday 29th October 4.00pm - 6.00pm Thursdays 10.15am - 10.45am (from 3rd November)	Include & Connect SEND Hub Baby Sensory Sessions (0-4) Supertramp SEND Sessions (0-25) Include & Connect SEND Hub After School sessions for SEND Children and their siblings (0-25) Sunderland Youth Choir (7-16) Grace House Halloween Relaxed Kids Session (4-11) Grace House Halloween Party (4-10) Sunderland Culture The Curiosity Club (0-6)	Baby Sensory Sessions - Include & Connect SEND Hub Super Tramp SEND & Support Sessions After School SEND Sessions - Include & Connect SEND Hub Sunderland Youth Choir Grace House Halloween Relaxed Kids Session Grace House Halloween Party Sunderland Culture The Curiosity Club
Friday 23rd October 6.00pm - 7.30pm	The Sensory Place Inclusive Halloween Disco (0-25)	Danceversity Inclusive Halloween Disco
Saturday 31st October 3.45pm - 4.45pm	The Sensory Place Swim Session (0-25)	SEND Swim Session
Sundays 10.00am - 10.45am (term time) Sundays 5.00pm - 6.00pm Sunday 1st November 10.00am - 11.30am	Sunderland City Juniors Comets PAN Disability session (5-11) Supertramp Support Sessions (0-25) The Sensory Place SEND Soft Play Session (0-25)	PAN Disability Football - Comets Programme Super Tramp SEND & Support Sessions SEND Soft Play Session at The Sensory Place

SEND HAF Activites

Provider & Activity	Dates & Times	Further Information
SEND Holiday Camp @ Dame Dorothy Community Hub	Monday 26th October 9.00am - 1.00pm	Science Buddies SEND HAF at Dame Dorothy Primary with Science Buddies
SEND Holiday Camp @ Dame Dorothy Community Hub	Tuesday 27th October 9.00am-1.00pm	Science Buddies SEND HAF at Dame Dorothy Primary with Science Buddies
WEAR4ALL Multi-Sport Camp (8+)	Tuesday 27th October 10.00am - 2.00pm	WEAR4ALL Multi-Sport Camp
TfC SEND - Spookfest Lambton Street	Tuesday 27th October 2.00pm - 3.00pm	TfC SEND - Spookfest Lambton Street
TfC SEND - Spookfest The Flatts	Thursday 29th October 2.00pm - 3.00pm	TfC SEND - Spookfest The Flatts
The Sensory Place SEND Adventure Valley Trip	Friday 30th October 9.50am - 4.00pm	SEND - Adventure Valley Trip with The Sensory Place
WEAR4ALL Multi-Sport Camp (8+)	Friday 30th October 10.00am - 2.00pm	WEAR4ALL Multi-Sport Camp